

Health information for parents, kids and teens.

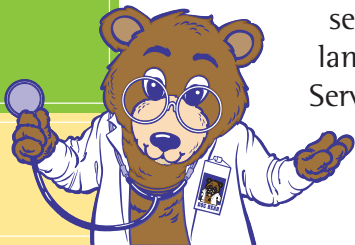
Coventry's KidsHealth® is a complete online library with medical, development and behavior information. It is written just for parents, kids and teens. It has thousands of articles, interactive tools and features written in English and Spanish. And everything is reviewed by health care providers.

Find all of this and more when you visit
WWW.XXXXXX.COM
and click on the KidsHealth® link.

Free interpreter services
available for all languages.
Call Customer Service at
1.877.906.4133.

<Spanish> Free interpreter
services available for all
languages. Call Customer
Service at 1.877.906.4133.

<Vietnamese> Free interpreter
services available for all
languages. Call Customer
Service at 1.877.906.4133.



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KidsHealth® at www.xxxxxx.com

HEALTH Information for PARENTS



KIDS



and TEENS



3838 N. Causeway Blvd., Suite 3350
Metairie, LA 70002
1.877.906.4133 (TTY: 711)

FOR PARENTS

PRACTICAL PARENTING INFORMATION AND NEWS

KidsHealth® for Parents provides answers, advice and helpful tips. Parenting information and news includes:

- General health
- Infections
- Nutrition and fitness
- Healthy recipes
- Positive parenting
- First aid

The Pregnancy & Newborns Center is an excellent place to learn about prenatal and postnatal care. It includes tools just for pregnant moms including a weekly calendar, recipes, growth & development goals, and more.



FOR KIDS

HOMEWORK HELP, GAMES AND INFORMATION FOR KIDS

KidsHealth® for Kids makes it fun to learn about health. It uses kid-friendly language and interactive features. Homework help, games and information for kids including:

- Dealing with feelings
- Fun recipes
- My body
- Growing up
- Kids' talk
- Games
- Glossary of medical terms

WELLNESS CENTERS

Asthma, Cancer and Diabetes Centers are one-stop shops for parents. They teach the basics or help manage a condition. Each center includes tools, resources and personal stories.

The Nutrition and Fitness Center includes healthy recipes, a Body Mass Index (BMI) calculator, interactive features and exercise tips for the whole family.

The Flu Center teaches parents how to protect their family from the flu. They'll also know what to do if a child gets flu-like symptoms.

Check out the other Wellness Centers too. All of the centers link to centers just for Kids and just for Teens, too!

Go to www.xxxxxx.com and click on the KidsHealth® link to get started.

FOR TEENS

ANSWERS, ADVICE AND STRAIGHT TALK FOR TEENS

KidsHealth® for Teens offers answers, advice and support to help teens and lets them know they're not alone.

Topics include:

- Your body
- Your mind
- Your sexual health
- Awesome recipes
- Drugs and alcohol
- Infections
- School and jobs

